Flex 8 Term Project

*Purpose: This assignment is designed to explore who you are, where you are going, and how you might get there. It's broken up in four parts:*

1. *Me Now - who are you today? What makes you, you?*
2. *Me in 15 Years - who are you in the future? Ideally, in 15 years, where do you see yourself?*
3. *Goal Setting and Reflection - how are you going to get there? Who's going to help you?*
4. *Careers and Professions*
5. *Presentations*

*You are in charge of this project. This project is all about YOU. Throughout the project, I will be checking in and guiding you, however, my role is very small.*

Part 1: Me Now

On the large piece of paper provided (8x17), create a mind map that defines who you are, what you like, what you don't like, etc. The more information the better.

Things to consider:

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| * Pet Peeves
* Likes/Dislikes
* Favorite Movies/TV shows
* Favorite Games
* Favorite Books
 | * Family
* Travel
* Favorite school subject(s)
* Talents
* Hobbies/Activities
 | * Education
* Favorite food(s)
* Cultural background(s)
* Anything and everything that makes you, you!
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Part 2: Me in 15 years

Close your eyes. Breathe. Now imagine - you're in a time machine and you're headed 15 years into the future. The year is 2031. You are 28 years old. Look around at your life, and describe what you see.

For this section of your project, anything and everything is possible. There are 6 facets of life that you need to consider:

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| **Relationships:*** Do you have many friends or a few good friends?
* What do you like best about your friends?
* Do you want to get married? Are you married?
* What are some things that you do with your friends?
* How often do you see your family?
* What do you do with your family?
* Do you have any pets?
* Do you have a boyfriend/girlfriend?
* What do you like about your boyfriend/girlfriend?

**Vocation:*** Where are you working?
* What do you like about your work?
* Describe where you work and what you do?
* Do you still go to school? What types of program are you in?
* What do you like best about school?

**Community Involvement:*** *Do you enjoy helping out in the community?*
* *Do you see yourself helping: the elderly (reading, shopping, providing company, playing cards)? children (library time, pre-school activities)? animals (SPCA)? the poor (soup kitchen)?*
* *Do you volunteer your time helping at community events? (church breakfasts, summer festivals etc.)*
* *Are there other ways that you want to help others?*
 | **Life Skills:*** Where are you living?
* Do you live alone or with people?(Family? Roommate? Friend? Who pays for rent?)
* Are you planning or preparing your own meals? Who will do the cooking? Do you do any cooking?
* Are you shopping for your own food? What types of food do you make?
* Will you do your own laundry? Ironing?
* Will you do or help out with the cleaning?
* Transportation? How will you get around to the different things that you do?
* Do you have a bank account?
* Do you take care of your money on your own?
* Are you taking care of any bills by yourself?
* Who makes the doctor/dentist appointments?
* Do you know how to use the phone? the internet?
* Do you know know how to respond to emergency situations?
* Do you know your rights and responsibilities as a citizen?

**Other:*** If there are things that aren't listed here or talked about, but you see in your future, please please add them! You are **NOT** limited to this list in any way.
 | **Recreation:*** What activities do you do to stay healthy and fit?
* Are there any classes that you take for fun to learn new things?
* Are you learning new skills or hobbies?
* What do you do to relax?
* What do you do to get rid of stress?
* Are you travelling and seeing new places?
* How do you earn the money for those trips?
* What types of things make you happy?

**Spiritual:*** Do you attend church?
* Who do you go with? (on your own, family, friends)
* Are you a part of the church's activities or groups?
* Do you volunteer your time with the church?
* Do you do anything else that makes you feel spiritual? (yoga, hikes, etc.)
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​Part 3: Goals and Reflections

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| * *What's your game plan?*
* *How are you going to make your dreams come true?*
* *Who are you going to ask for help?*
* *Who's in your network of support?*
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​Part 4: Careers and Professions

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| Take the personality quiz and read through the results.  | [**Personality Test**](https://www.16personalities.com/free-personality-test)  |

* *After taking the test, you'll come to a "results" page - you'll be given a four letter "personality code". Just below the results, there is a button that says "Learn more about your type" - click it.*
* *Read about your personality - do you agree with it? Why/Why not?*
* *Below your personality, you'll see three boxes. Click and read:****Type Description: Strengths and Weaknesses;****&****Career Paths, Workplace Habits***

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| Once you've taken the quiz, choose**three** career possibilities that interest you most - even if it's not listed in the results of your personality test. * *Research these careers in depth - pay, benefits, education, "downsides" etc. Using a P.M.I. chart, outline what you find positive, negative, and interesting about each career.*
 | [**P.M.I. Chart**](http://ms-citton.weebly.com/uploads/2/2/2/3/22234572/pmi_chart_flex_career_project.docx)  |

Part 5: Presentations

Once you've completed all four steps, it's time to share your work in whatever way you choose. You may wish to create a website, a Prezi, a poster board, a ShowMe etc. How you present yourself and your work is completely up to you.